

6-29-1979

Discipline and Stress to be Discussed at UD

Follow this and additional works at: https://ecommons.udayton.edu/news_rls

Recommended Citation

"Discipline and Stress to be Discussed at UD" (1979). *News Releases*. 6661.
https://ecommons.udayton.edu/news_rls/6661

This News Article is brought to you for free and open access by the Marketing and Communications at eCommons. It has been accepted for inclusion in News Releases by an authorized administrator of eCommons. For more information, please contact frice1@udayton.edu, mschlangen1@udayton.edu.

university of dayton

news release

DISCIPLINE AND STRESS
TO BE DISCUSSED AT UD

DAYTON, Ohio, June 29, 1979 --- "The problem of many teachers is that they let students behave disruptively and then feel both angry and resentful of the disruption," says Dr. William G. Raines, consultant to Phoenix, Arizona boards of education.

The result is more stress on the teacher and less discipline in the classroom, according to Raines.

Raines will speak at the University of Dayton on the topics of discipline in schools and educators' stress. He will conduct a workshop for area school administrators July 12 from 2:30 until 5 p.m. on "Discipline in the Public Schools: It Can Be Improved." The University of Dayton Office of Educational Services, in conjunction with the Dayton Area Superintendents Association, is sponsoring the one-day seminar to be held in Kennedy Union. Raines will speak to UD School of Education graduate students on understanding and coping with stress in the professional capacities of educators. These informal sessions will be held on campus daily July 9 through 20 at 1:30 p.m. in Chaminade Hall.

During his career, Raines has worked in various places, including Dayton. Some twenty years ago, he worked for the Montgomery County (Ohio) Board of Education as a psychologist. For nine years, Raines consulted with the federal government of South Vietnam to develop a guidance program for their school systems. Raines spent two years working in the same capacity for the Nigerian government. Currently, Raines consults with school boards in Phoenix along with teaching at Arizona State University and Northern Arizona University.

"The discipline problem is caused by a combination of factors such as changes in the family structure, television, society's expectations of schools and students' lack of respect for authority," according to Raines. Based on his own experiences and educators' theories, Raines offers suggestions for improving discipline: "Discipline must be firm and consistent with enforced consequences. Students should be given choices; educators should help students develop realistic pictures of themselves."

Realistic self-concepts must be developed by educators as well as students. "To cope with stress, people need to develop realistic expectations of others and themselves. We also must remember that we can enjoy life," Raines proposes.